

Fall Assessment Tool & Guidelines for Use

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Fall Assessment: Predisposition for Falling

Patients Name:	Prepared By (Signature & Title)	Date:
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| <p>I. Age _____ pts
 80 or more years old (1 pt)
 70-78 years old (2 pts)</p> <p>II. Mental Status _____ pts
 Oriented at all times or comatose (0 pts)
 Confusion at all times (2 pt)
 Intermittent confusion (4 pts)</p> <p>III. Length of Stay _____ pts
 Over 3 days (0 pt)
 Up to 3 days (2 pts)</p> <p>IV. Elimination _____ pts
 Independent and continent (0 pt)
 Catheter and/or ostomy (1 pt)
 Elimination with assistance (3 pts)
 Independent and Incontinent (5 pts)</p> <p>V. History of Falling in the Past Six Months _____ pts
 No History (0 pts)
 Has fallen 1 or 2 times before (2 pts)
 Multiple history of falling (5 pts)</p> <p>VI. Visual Impairment (1 pt) _____ pts</p> <p>VII. Confined to a Wheelchair (3 pts) _____ pts</p> <p>VIII. Drop in Systolic Blood Pressure
 of 22mm Hg or more between lying
 and standing (2 pts) _____ pts</p> | | <p>IX. Gait and Balance (2 pts) _____ pts
 Assess patients gait while:
 1. Standing in one spot with both feet on the ground for 30 seconds without holding on to something;
 2. Walking straight forward
 3. Walking through a doorway;
 4. Walking while making a turn.
 <u>Note:</u> Check for any yes answer</p> <p>Wide base of support (1 pt)
 Loss of balance while standing (1 pt)
 Balance problems when walking (1 pt)
 Decrease in muscular coordination (1 pt)
 Lurching, swaying, or slapping gait (1 pt)
 Gait pattern changes when walking through door (1 pt)
 Jerking or instability when making turns (1 pt)
 Use of assisting devices (cane, walker, furniture, etc.) (1 pt)</p> <p>X. Medications _____ pts
 Alcohol
 Antihistamine
 Anesthetic
 Antihypertensive
 Antiseizure/Antiepileptic
 Benzodiazepines</p> <p>From the above medication groups, indicate how many the patient is currently taking, or took prior to admission.</p> <p>No medications (0 pts)
 1 medication (1 pt)
 2 or more medications (2 pts)</p> |
|--|--|---|

With a change of medication and/or dosage in the past five days, add 1 point to the medication score

Total Score _____ pts

A score of ten (10) or more indicates a risk for falling

Use Standard Care Plan

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