

An Effective Fall Reduction Program

Wouldn't it be nice if every one of your patients or residents could have a personal caregiver present 24 hours a day, seven days a week? That's just not possible. However, constant electronic fall risk monitoring is not only possible, but quite discreet and effective when included as part of an overall Fall Reduction Program.

Why is constant fall risk monitoring so important?

When people know the limits of their abilities, there is low risk. All too frequently, however, they wish to be independent and attempt movement without assistance – risking a fall in the process.

Which patients/residents are at risk of falling?

- Advanced age
- Injuries
- On medication
- Acute illness
- Chronic disease
- Surgery recovery
- Combinations increase risk

What are the common causes of falls?

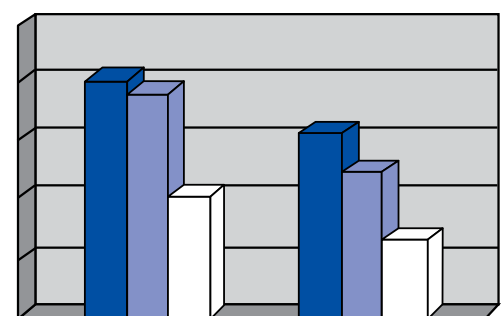
- Dizziness
- Confusion
- Weakness
- Impaired judgement
- Unsteady gait
- Some or all of the above

Fall Reduction Programs incorporating Bed-Check® Systems enhance dignity for the patient/resident and reduce risk for the caregiver.

1. Establishes procedures for patient/resident assessment.
2. Identifies fall risk patients/residents.
3. Establishes protocol for the use of monitoring systems.
4. Educates staff members on system usage.
5. Measures effectiveness of the program.
6. Helps to achieve compliance with state and federal guidelines for restraint free facilities.

In a case study:

- Restraint usage reduced 37%
- Unassisted (no caregiver present) falls reduced 38%



1st 3 months (before program) 2nd 3 months (with program)

- Total fall incidence rate
- Unassisted fall incidence rate
- Restraint use rate