

## CMS, LTC, and Restraints



While the use of restraints has certainly and thankfully been on the wane for the last couple of decades, restraints are still used more than they should be. CMS (Centers for Medicare and Medicaid Services) has just issued (June 22) a new memorandum regarding this subject. It does more than clarify some terminology - it also defines some things that state surveyors are to look for, and it gives LTC facilities only 30 days from the memo date to put these new standards in place.

Knowing that the word will not get out to all who need it, I'm making the CMS memo this month's Tip. I hope you find it helpful.

[Click on this link to go to the CMS memo on restraints.](http://www.bedcheck.com/SCLetter07-22.pdf)

Or paste this address into your web browser: <http://www.bedcheck.com/SCLetter07-22.pdf>

*Betty*